

Seasoned Sister Alaska Adventure

CLOTHING & EQUIPMENT LIST

The following list of clothing and equipment is essential for your health and safety. We will be hiking and sea kayaking around some of my favorite areas surrounding Juneau. Southeast weather is unpredictable and each person needs to be prepared for all weather conditions. Due to the amount of rain we receive, it is essential that each person brings rain gear. Plan your clothing that when we are outside doing activities "no cotton" is allowed. Cotton does not dry in rain country.

The weather could be from mid 40's to mid 60's so plan clothes accordingly. We will be able to dry clothing out at night at Echo Ranch.

FOOTWEAR

- 4 Wool or Synthetic Socks
- Rubber Boots
- Camp Shoes / Sandals
- Hiking boots

UPPER BODY

- 1 Polypro Lightweight Tops
- 1 Polypro Medium Weight Top
- 1 Short Sleeved Cotton T-shirt
- Fleece Jacket for Camp
- Fleece Top for Paddling
- Wind Breaker
- Rain Jacket

LOWER BODY

- 1 pr Nylon Shorts
- 1 Polypro Long Underwear
- 1-2- fast drying pants
- Wind Pants for Paddling
- Rain Pants
- 2-4 sets of Underwear (no cotton)

MISCELLANEOUS

- Rain Hat
- 1 Hats wool Gloves

- 1 Fleece or W1 Fleece or Wool

SLEEPING GEAR

- 1 Synthetic Sleeping Bag
- Down sleeping is ok for this trip
- Rating around 40 degrees
- Travel pillow

STORAGE BAGS

- 6 Large Zip Lock Bags

MISC. GEAR

- 1 Sunglasses (100% UV protection)
- 1 Water Bottle
- 1 Lip Balm with Sun Block (SPF 15+)
- 1 Sunscreen (SPF 25+)
- 1 Insect Repellent
- 1 Watch
- Toilet Articles
- Flashlight or Headlamp
- Blank Journal Pen/Pencil

- Bible

OPTIONAL

- Camera/Film
- Water Binoculars
- small camp pillow

In Town – Dinner out – Thursday night

- nice outfit to eat out – Juneau is a casual
- Travel Clothes
- 3 days of normal clothes for camp and
dorm

ECHO RANCH WILL PROVIDE: All other necessary paddling gear and equipment (first aid supplies, eating utensils, boats, paddling jacket, paddle, lifejackets, spray skirts, dry bags and emergency equipment).

Debbie and Julie have the all the kayak equipment for in-town paddling.

See you soon,

Debbie